



# CHA Code of Ethics

## (Update 2017)

Last reviewed November 2017: Still relevant

This Code of Ethics has been organized by the Canadian Halotherapy Association as a guide Halotherapy distributors (not limited to doctors, physicians, holistic practitioners and Salt Cave owners). Fundamental activities - such as health promotion, advocacy, disease prevention, treatment, education and research are the core focus in Halotherapy. Together with the CHA, this code provides guidelines and policies on specific topics, that provide a common ethical framework for Halotherapy distributors.

Halotherapy distributors should be aware of the legal and regulatory requirements that govern medical practice in their jurisdictions.

### **General Responsibilities**

1. Provide Halotherapy while prioritizing the health, well-being, safety and comfort above anything else.
2. When practising Halotherapy, all clients/patients receiving Halotherapy should be treated with respect, dignity, honesty, integrity and compassion.
3. The art and science of Halotherapy and holistic wellness should be practised with honour, skill and free of deficiencies.
4. Advocate and participate in developing the profession of Halotherapy through research, clinical/non-clinical practice, teaching, administration or speaking on behalf of the profession or the public.
5. Maintain and improve your knowledge, skills and attitudes by participating in lifelong learning of Halotherapy.
6. Avoid any interference or influence that could undermine your professional integrity.
7. Refuse to contribute in or support practices that infringe on basic human rights.
8. Continuously maintain and promote the health and wellbeing of yourself.

### **Responsibilities to Individuals Undergoing Halotherapy**

9. Perceive and unveil irreconcilable circumstances that emerge amid your expert obligations and exercises and resolve them to the best of your ability for any individual/client.
10. Do not exploit any individual/client who undergo Halotherapy for personal advantage.
11. Identify your restrictions, and, when specified, endorse or pursue other ideas.

### **Initiating and Dissolving a Patient-Holistic Practitioner/Salt Cave Owner Relationship**

13. When providing any Halotherapy service, discrimination is unacceptable for any individual/client based on their age, gender, marital status, medical condition, national or ethnic origin, physical or mental disability, political affiliation, race, religion, sexual orientation, or socioeconomic status. (Keep in mind that this does not revoke the Halotherapy distributor and/or health practitioner who distributes or recommends Halotherapy to refuse to accept an individual/client for legitimate reasons).

### **Communications between You and Your Client**

14. Allow your clients/patients to access information they would need to make proper decisions about their medical care. Provide answers to their questions to the best of your ability.
15. Ensure that all communication between you and your patient/client is understood to the best of their ability.
16. Recommend services that you believe are beneficial and therapeutic to your patient/client and to other.

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17. Give the ability for client/patients to accept or reject Halotherapy
18. Recognize the need to balance the developing competency of minors and the role of families when making decisions about undergoing Halotherapy. Respect the autonomy of those minors who are authorized to consent to treatment.
19. Be considerate of the patient/client's family and significant others and cooperate with them in the patient's interest.

#### **Privacy and Confidentiality**

20. Protect the personal health information of your patient/clients'
21. Provide information reasonable in the circumstances to patients/clients about the reasons for the collection, use and disclosure of their personal health information.
22. Be aware of your patients/clients' rights with respect to the collection, use, disclosure and access to their personal health information; ensure that such information is recorded accurately.
23. Avoid public discussions or comments about patients/clients' that could reasonably be revealing confidential or identifying information.
24. Disclose your patients' and clients' personal health information to third parties only with their consent, or as provided for by law, such as when the maintenance of confidentiality would result in significant risk of substantial harm to others or, in the case of incompetent patients/clients', to the patients/clients' themselves. In such cases take all reasonable steps to inform the patients/clients' that the usual requirements for confidentiality will be breached.
25. When acting on behalf of a third party, take reasonable steps to ensure that the patient understands the nature and extent to your responsibility to the third party.